

Principle staff



Mr Zaki Almallah

MB ChB MD FRCS (Edinburgh) FRCS (Urology)

Mr Zaki Almallah is a Consultant Urological Surgeon and the lead urologist for urinary incontinence and complex bladder dysfunction at the University Hospital Birmingham/ Queen Elizabeth Hospital since 2003. Mr Almallah is the leading urologist in West Midlands in the field of bladder dysfunction, bladder pain and male and female urinary incontinence.



Mr Arun Arunkalaivanan

MRCOG MD

Mr Arun is a consultant gynaecologist and the lead for urogynaecology and Urodynamics at Birmingham City Hospital since 2002. Mr Arun has a wide experience in minimally invasive pelvic surgery and in the treatment of prolapse, urinary incontinence and pelvic pain.



Mr Peter Cooke

MD FRCS (Urology)

Mr Peter Cooke is a consultant urological surgeon at the Royal Wolverhampton Hospitals and a principal member of the Black Country Specialist Urological Cancer Team. Mr Cooke specialist interests include pelvic oncology and major pelvic cancer surgery for early prostate cancer and advanced bladder cancer.



Michele Miletic

MSc

Michele Miletic is an advance nurse practitioner and continence adviser at the University Hospital Birmingham since 2002. Michele developed autonomous nurse led clinics where she provided a full assessment, investigation, diagnosis and treatment.

The principle staff of the Bladder Clinic will make the appropriate referral to other specialists locally and nationally if required.

How do I make an appointment?

We like patients to be referred to the Birmingham and Solihull Bladder Clinic through their GPs – they understand your medical history and are responsible for your care.

However, we do accept patients who wish to approach the clinic directly. Simply make an appointment and bring your GP's referral letter with you.

Contact Us

Telephone: 0870 850 3865
E-mail: info@thebladderclinic.co.uk

BMI The Priory Hospital
Priory Road
Edgbaston
Birmingham
B5 7UG

Medical Insurance and Cost

The specialists at the Birmingham and Solihull Bladder Clinic are approved by all leading health insurance companies including BUPA, AXA PPP, Norwich Union, Standard Life, WPA etc.

Self pay packages (for non insured) are also available on request.

Directions to the clinic are available via our website or on request.

For further information about the Birmingham and Solihull Bladder Clinic and the treatments and care it offers to patients, please visit our website at www.thebladderclinic.co.uk



birmingham & solihull
**bladder
clinic**



Specialist care for bladder and prostate problems

www.thebladderclinic.co.uk



Do you have bladder problems?

Ask yourself the following questions:

- Do you have to go to the toilet more often than you used to and sometimes “just don’t make it”?
- Do you feel that when you go to the toilet, you are not able to empty your bladder completely?
- Do you have to get up to go to the toilet several times each night?
- Do you leak when you cough, sneeze, exercise or laugh?

If you have answered “yes” to some or all of the above questions, you are not alone. Nearly half of women in the UK will experience problems at one stage in their lives and so will one in four men. These problems can have a terrible impact on your life.

You will be treated in the therapeutic, high quality environment of The BMI Priory Hospital, one of the premier private hospitals in the Midlands. We use the most up-to-date diagnostic equipment to understand your symptoms and with many years of experience in this field, our professional team will ensure you have the treatment, care and holistic support you need.

We provide specialist care for:



Urinary incontinence

Urinary incontinence is the inability to control your bladder. This can be stress incontinence or urgency incontinence (overactive bladder).

We will ensure that you understand the various treatments available (non-surgical bio-feedback, vaginal slings, trans-obturator tapes, bulking agents). You will be supported by the specialist team throughout your care.



Cystitis, recurrent infections & bladder pain

Cystitis is infection of the bladder. It is very common, with an estimated 50%-70% of women developing this infection at least once during their lives, causing pain and frequent urination. We offer wide and comprehensive range of tests to

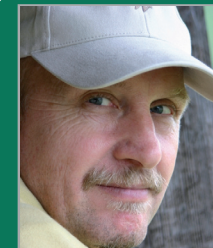
establish the cause of recurrent infections and bladder pain (including interstitial cystitis) and provide effective treatments including bladder instillation therapy. We have strong links to patient- support groups like the COB foundation.



Pelvic Floor Dysfunction and Prolapse

The pelvic floor is the hammock of muscles which support all pelvic organs and openings. Childbirth can weaken these muscles. The Bladder Clinic's gynaecologist Mr Arun will

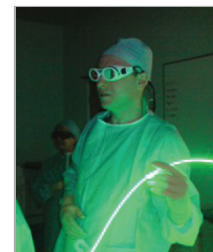
assess you and provide expert advice on most recent conservative and surgical treatments available.



The Prostate

The prostate is a small gland located only in men and can be a source of many health problems. The most common problems are benign prostate enlargement and prostate cancer, as well as inflammation of the prostate (prostatitis). A range of tests will be

carried out at the Clinic to identify the best course of treatment available.



GreenLight Laser Therapy for the Prostate

GreenLight Laser PVP™ (Photoselective Vapourisation of the Prostate) is a minimally invasive and innovative procedure using laser technology to treat patients with

Benign Prostatic Hyperplasia (BPH), which is most commonly referred to as an enlarged prostate.

The use of the GreenLight Laser is an alternative and less invasive than traditional surgery (the TURP) and it enables the majority of patients to be discharged from hospital the next day and return to normal, non-strenuous activities after a few days.

The Bladder Clinic is the leading urology clinic in the West Midlands in providing detailed diagnosis with video urodynamics (computerised bladder and prostate pressure studies) to ensure that GreenLight Laser is the correct operation for your urinary symptoms.